

MITA Brain Intelligences Survey

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Survey your intelligences below to discover those you use daily, and to find others that remain hidden or unused. Skim the whole list and then jot down about 15 of the items that describe you best. Simply scribble the numbers on a paper for any items that describe you.

The key is to move quickly, without pausing to ponder on any one survey item. If you have to stop and think more about any statement, then simply leave that item blank, and move on.

Ready?

1. Sitting still is hard as I'd rather remain active.
2. Organization describes my daily and weekly schedule.
3. Photography intrigues me and I capture cool pictures.
4. Designing web pages stimulates me.
5. I enjoy throwing or catching games.
6. People solicit me to create their posters and charts.
7. I tend to learn from opposing views and love to debate.
8. Background music helps me to concentrate and create.
9. People tell me they love my stories and ask for more.

10. Sketching nature scenes is easier for me than woodworking.
11. I often describe details for people when they're unsure.
12. Multiple choice tests are usually quite easy for me.
13. To show concern for others, I'd likely join a march.
14. I like to play a musical instrument to relax.
15. A favorite activity is keeping a personal journal.
16. When I read factual books, I tend to outline chapters.
17. I like to create and share metaphors as a way to describe.
18. I interact well with most people on team projects.
19. When dining in a restaurant, I enjoy background music.
20. I like to walk alone at times to think or relax or plan.
21. In novels, I compare characters' choices with my own.
22. With or without a map, I usually find destinations well.
23. Days after I attend a concert, melodies replay in my mind.
24. After I catch fish, I enjoy cooking them on a campfire.
25. I like singing in a choir, even on a busy week.

26. When I write, I tell stories based on personal experience.
27. I can easily identify patterns and larger meanings from data.
28. In all four seasons, I enjoy changes connected to nature.
29. My best thinking occurs when I brainstorm with other people.
30. Helping others complete a project brings much satisfaction.
31. Finding solutions for numerical problems is fun.
32. I'd rather write a team public release than write one alone.
33. Every chance I get, I participate in some sport.
34. I'd leap to challenges of using gestures in a role play.
35. I'd like to inventory my weaknesses as a way to grow.
36. Learning new dance steps or moving to music is satisfying.
37. On a walk in woods I pause to observe animals' habits.
38. I'm drawn to water such as lakes, creeks, rivers or oceans.
39. I would enjoy writing an essay for a contest.
40. Sometimes I awaken early just to watch the sunrise.

Now look through the following list and find the fifteen numbers you jotted down. Circle them. The more you circled for a given intelligence, the more this is likely to be a preference for you.

Verbal-Linguistic: 7, 9, 11, 17, 39

Logical-Mathematical: 2, 12, 16, 27, 31

Visual-Spatial: 3, 4, 6, 10, 22

Musical: 8, 14, 19, 23, 25

Bodily-Kinesthetic: 1, 5, 33, 34, 36

Interpersonal: 13, 18, 29, 30, 32

Intrapersonal: 15, 20, 21, 26, 35

Naturalistic: 24, 28, 37, 38, 40

Originator of multiple intelligences, Harvard's Howard Gardner, defines intelligence as ... "the ability to solve real-life problems, to generate new problems, and to create something meaningful or offer a service that is valued within a person's culture or community."

Typical strengths for persons gifted in each intelligence below, are adapted from Ellen Weber's 2005 book, *MITA Strategies in the Classroom and Beyond*.

Verbal-Linguistic: tell stories, write essays, participate in interviews, converse easily with peers.

Logical-Mathematical: solve problems, balance checkbooks, create schedules, budget money

Visual-Spatial: paint, draw, design web pages, design rooms, make cards, create logos.

Musical: attend concerts, play instrument, hum melodies, sing with others, enjoy rhythms.

Bodily-Kinesthetic: engage in sports, enjoy movement, walk on tours, use body language.

Interpersonal: discuss in groups, do community projects, debate, join online chat rooms.

Intrapersonal: keep personal journal, read alone, study to answer personal questions.

Naturalistic: collect specimens, hunt, follow animal footprints, photograph landscapes.

This survey helps you awaken new intelligences that could hold life-changing opportunities. Remembering that you strengthen weaker areas by simply using them more, what will you do differently today?

Source: Ellen Weber

<http://www.brainleadersandlearners.com/general/survey-for-iq-growth/>